

## About the Instructor

Wayne has been in clinical practice since 1975, and private (orthopedic) practice since 1977. He has played an instrumental role in the evolution of orthopedic, mechanical and manual therapy practice in the United States and is internationally recognized as an expert in the assessment, treatment and prevention of spine pain and cumulative trauma disorders. He is a founding member of the McKenzie Institute and instrumental to introducing Mulligan manual therapy to the US and UK. He is currently Vice President and Director of Ergonomics, Continuing Education and Research Services for Duffy-Rath Physical Therapy, PC. in Barnegat Light, NJ. He has provided continuing education workshops and lectures for > 30 years; in 2004 Wayne was recognized as one of the 20 most influential Orthopaedic physical therapist in the US.

## The Duffy-Rath System®

The Duffy-Rath System® (DRS) was first developed by Wayne & Jean in 1984 for primary, secondary and tertiary prevention of MSD onsite in industry. DRS services thousands of workers throughout the United States for a complete cross section of corporate and industrial clientele; ranging from the office worker, to light and heavy manufacturing to the construction industry. Their services are expanding rapidly throughout the country by word of mouth marketing solely. Website: [www.duffyrath.com](http://www.duffyrath.com)

*Our mission is the prevention of musculoskeletal and lifestyle-related disorders and disability through education, training and research.*



271 Five Cities Drive  
Pismo Beach, CA 93449

Physical Therapy Specialists

## Assess-Treat-Prevent Back & Neck Pain Disorders & Disability

Two Courses

(Combined Online & 1-day Workshops)



Presented By:

Wayne Rath, PT, Dip MDT, CEAS

February 9—10, 2019

Pismo Beach, CA

Co-sponsored by:

Physical Therapy Specialists

**Total 22 Contact Hours**

**(11 hours each Course)**

Duffy-Rath Physical Therapy, PC is an accredited agency for continuing competence in California and New York.

Providing Quality Continuing Education for  
Practicing Clinicians for > 30 years

# A patient interactive, prevention-based approach for activity-related MSD.

**Online Component:** both the back and neck courses have an online component that must be completed prior to coming to the 1-day workshop. This enables us to quickly get to practical applications and practice sessions.

**Live Workshop Outline:** both courses are focused to identifying the clinical characteristics that best match one of the six strategies of the system, practice the most important clinical tools and discuss tactics for patient education and training for compliance and long-term efficacy.

**More Information:** email wayne or go to our website: <http://duffyath.com>

The workshops are extremely well received, enjoyable, informative and provide tools that the clinician can use immediately to help their patients.

**Testimonial:** "After 15 years of practice and many seminars later, I can honestly say the Duffy-Rath courses are the most logically organized, intelligently researched, masterfully presented, and clinically relevant. The wealth of information presented and the expert skills demonstrated on real patients have transformed my model of practice." Troy Marsh, PT, Cert MDT, Utah.

"Dear Wayne Great to hear from you and I will definitely post and share the CE with everyone. You are one of the best teachers I ever met!!!!!!" Dr Jeffrey Rothman, Chair Department of Physical Therapy College of Staten Island/ Graduate Center CUNY

## About the Course

**Schedule:** Registration 8:30: Workshop 9—5PM. Lunch break is 12:30—1:00PM.

**Goal:** promote a systematic, evidence and prevention-based treatment approach for activity-related spinal disorders (ARSD) that is effective, efficient, and accountable.

### Objectives:

Correlate natural history and mitigation of risk factors for onset and disability into treatment planning.

Correlate the clinical model to the patient's clinical findings for each of the 4 Duffy-Rath response groups.

Identify the key therapeutic procedures and patient education components for the 6 treatment strategies.

Ability to perform basic manual therapy procedures appropriate to the 6 strategies.

Identify cautions and contraindications for activity related spinal disorders.

Identify role of objective assessment of function, surgery and alternative healthcare in the treatment and prevention of ARSD.

**Suggested pre-course reading:** one copy of the introductory textbook is included in your registration; i.e. "Duffy-Rath System An Introduction: A Prevention-based Approach for Cumulative Musculoskeletal Disorders and Disability—Clinician's Edition". Review prior to attending the course.

## Registration Form

(detach and mail to address below)

**Tuition:** \$ 600 (US) Both Courses  
\$ 350 (US) Single Course

**Course Location:** Physical Therapy Specialists 271 Five Cities Drive, Pismo Beach, CA 93449

**Contact:** Bob Allis, MPT, MEd (805) 473 7499 [mgobob1@gmail.com](mailto:mgobob1@gmail.com)

### Register Me For (tick appropriate box):

- Both Courses  
 Low Back Course Only (2/9/19)  
 Neck Course Only (2/10/19)

### Send Form & Check Payable To:

Physical Therapy Specialists  
271 Five Cities Drive  
Pismo Beach, CA 93449

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*There are no refunds once you agree to terms and have started the online component of the courses; further questions should be made by contacting Wayne Rath, PT, Dip MDT, CEAS.*